



Explore the emerging field of horse as teacher, mentor, guide . . . .

## *Equine Facilitated Learning and Coaching Level One - Train the Trainer*

The EFLC Level One training melds aspects of nature and horse wisdom to create a learning environment that supports authentic expression and self-realization. Through learning coaching with horses methods and processes students create new habits of thought and behavior that lead to positive results and ultimately new levels of success.

During this six-day program you learn:

- Emotional Intelligence through a deeper levels of somatic and sensory awareness
- Facilitation of reflective/contemplative equine based learning sessions
- Four Steps to the Present Method
- Mind Body Method Coaching Model (first model)
- How to integrate Horse as a teacher, mirror, and spiritual mentor in your life or business

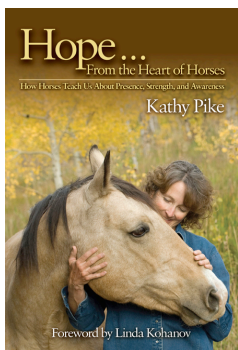
The EFLC Level One is taken by anyone (therapists, riding instructors, counselors, coaches and/or individual's on a path of personal growth) with an interest in how horses teach us about presence, strength and awareness. Participants learn tools and methods to immediately apply to their business or life. The first level of four to complete the EFLC Apprenticeship program with Kathy, Level One has strong focus on emotional awareness and integration through on the ground interactions with horses. Limited space.

**Program Dates:** October 29-November 4, 2010, 9:00-4:00 pm (some days go until 5pm)

**Location:** Dessert Springs Equestrian Center, 9200 N. Ghost Ranch Trail, Marana, AZ

**Tuition:** \$1900US (early bird), \$500 deposit to hold your spot with \$275 due one month later (cc,cash,web)

**To Register:** email Kathy Pike at [kathy@coachingwithhorses.com](mailto:kathy@coachingwithhorses.com) Tracy (Kathy's Assistant) at [support@coachingwithhorses.com](mailto:support@coachingwithhorses.com), or online at: <http://www.coachingwithhorses.com/programs.html>



### **Facilitated by:**

**Kathy Pike** author of *Pathways to a Radiant Life: A Journey of Growth and Discovery with the Chakras* and *Hope . . . from the Heart of Horses: How Horses Teach Us About Presence, Strength, and Awareness*. Kathy is also the founder and contributing author of the book series *Horse as Teacher: The Path to Authenticity*. Kathy travels to Europe to teach EFL programs with a strong emphasis on mind, body and spiritual integration. Kathy also offers a diverse background including massage therapy, polarity therapy, PSYCH-K, and life coaching.

**Regina Hausler Ph.D., AAI**, is a licensed psychologist with over 35 years of experience in helping people develop their potential. Her passion and life's work is to promote transformation and personal growth. As a certified integral psychotherapist she learned to integrate eastern philosophy with western psychology and has seen the power of experiential work and mind body connection. Reggie is also an Epona Advanced Approved Instructor.